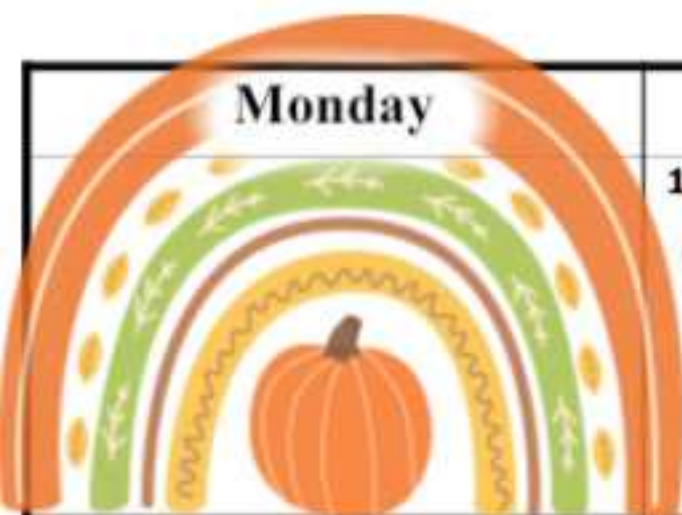


# September



| Monday                                                                                                                                                                         | Tuesday                                                                                                                                                                                                              | Wednesday                                                                                                                                                                                            | Thursday                                                                                                                                                                                                     | Friday                                                                                                                                                                                                     |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                | <b>1. Turkey &amp; Cheese Sandwich Or Yogurt &amp; Granola, Apple, Orange</b><br><br>Chicken Soup w/Rice Or Tuna Tofu Salad<br>Cucumber, Green Salad<br>Strawberry & Cream Ice Cake                                  | <b>2. Poi Yogurt Bowl Or Cereal &amp; Toast Pineapple Chunks, Straw Apple Crunch</b><br><br>Honey Ginger Chicken w/Tofu & Rice Or Protein Pack<br>Steamed Carrots, Edamame Apple                     | <b>3. Uala Sweet Potato Bread Turkey Sausage Patty Or Yogurt &amp; Granola, Pineapple Chunk, Orange</b><br><br>Loco Moco 'Ulu Gravy & Rice Or Protein Popper Caesar Salad<br>Bok Choi, Cucumber, Apple       | <b>4. Breakfast Quesadilla Or Cereal &amp; Toast, Orange, Applesauce</b><br><br>Kalua Pork w/Cabbage & Rice Or Toku Poke Bowl<br>Poi, Lomi Tomato, Sweet Potato Pineapple Chunks                           |
| <b>7. HAPPY LABOR DAY!</b><br><br>                                                                                                                                             | <b>8. Breakfast Chicken &amp; Waffles Or Yogurt &amp; Granola, Orange, Veggie Juice</b><br><br>Pasta Florentine w/Chicken Or Chicken Caesar Salad<br>Green Salad<br>Tomato, Cucumbers, Apple                         | <b>9. Ulu Banana Bread w/Turkey Sausage Or Cereal &amp; Toast Pineapple, Sour Raisins</b><br><br>Chili Cheese Nachos Or Taco Salad<br>Poi Corn Bread, Green Salad, Salsa<br>Strawberry Kiwi Juice    | <b>10. Cheese Stick Or Yogurt &amp; Granola Marinara Sauce, Orange</b><br><br>Hot Dog w/Bun, Tater Tots Or Chinese Chicken Salad<br>Roasted Kabocha<br>Cucumbers, Apple                                      | <b>11. Cinnamon Roll w/Turkey Link Or Cereal &amp; Toast, Orange, Peaches</b><br><br>Kalua Pork Sandwich Or Pasta Salad<br>Baby Carrots, Cucumber<br>Sweet Potato Mash<br>Apple Blueberry Crunch           |
| <b>14. French Toast w/Strawberry Compote Or Cereal &amp; Toast Applesauce, Blueberry Crunch</b><br><br>Cheese Pizza Or Protein Pack<br>Baby Carrots, Cucumber, Apple           | <b>15. Scrambled Eggs w/Cheese &amp; Roasted Sweet Potato Or Yogurt &amp; Granola Mandarin Orange, Apple</b><br><br>Orange Chicken w/Rice Or Chinese Chicken Salad<br>Edamame, Bok Choy<br>Pineapple, Fortune Cookie | <b>16. Maple Pancake Sausage &amp; Cheese Or Cereal &amp; Toast, Orange, Apple</b><br><br>Paniolo Pasta & WG Roll Or Chicken Caesar Salad<br>Green Salad, Baby Carrots<br>Cucumbers, Apple           | <b>17. Pumpkin Bread w/Scrambled Egg Or Yogurt &amp; Granola, Orange Strawberry Fruit Gel</b><br><br>Teri Burger W/ Crinkle Fries Or Chef Salad<br>Lettuce, Tomato Slice<br>Baby Carrots, Sour Punch Raisins | <b>18. Portuguese Sausage &amp; Rice Or Cereal &amp; Toast Orange, Pineapple Chunks</b><br><br>Roast Turkey w/Gravy & WG Roll Or BANH MI Salad w/Protein Poppers, Mashed Potato<br>Roasted Zucchini, Apple |
| <b>21. Pancake Poffitz w/Straw Compote Or Cereal &amp; Toast, Orange Strawberry Apple Crunchables</b><br><br>Cheese Bites w/Marinara Or Island Chicken Wrap<br>Cucumber, Apple | <b>22. Turkey &amp; Cheese Sandwich Or Yogurt &amp; Granola Orange, Apple</b><br><br>Chicken Sandwich w/Potato Wedge Or Chef Salad<br>Lettuce, Tomato, POG Slushie                                                   | <b>23. Aina Hash w/Scrambled Egg &amp; Cheese Or Cereal &amp; Toast, Orange, Veggie Juice</b><br><br>Chicken Noodle Stir-Fry Or Chicken Caesar Salad<br>Steamed Bok Choy<br>Pickled Cucumbers, Apple | <b>24. Bagel w/Cream Cheese Or Yogurt &amp; Granola, Açai Cup, Orange</b><br><br>Hamburger Stew w/Rice Or Potstickers (Gyoza)<br>Poi, Edamame, Coleslaw<br>Mandarin Orange                                   | <b>25. Uala Swirl Bun Or Cereal &amp; Toast, Orange, Sliced Peaches</b><br><br>Kalua Pork Nachos Or Cheese Quesadilla w/Rainbow Salad<br>Poi, Lomi Tomato, Sweet Potato Pineapple Chunks                   |
| <b>28. Breakfast Pizza Or Cereal &amp; Toast Applesauce, Pineapple Chunks</b><br><br>Chile Relleno Burrito Or Taco Salad<br>Green Salad, Salsa, Apple                          | <b>29. Biscuit w/Gravy &amp; Turkey Sausage Links Or Yogurt &amp; Granola Sliced Peaches, Blueberry Crunch</b><br><br>Sloppy Joe w/ Potato Wedge Or Ramen Salad, Lettuce, Tomato, Cucumber, Strawberry Fruit Gel     | <b>30. Guava Pastry &amp; Boiled Egg Or Cereal &amp; Toast, Apple, Orange</b><br><br>Chicken Tenders w/Mac & Cheese Or Lasagna Roll<br>Lettuce, Tomato, Pineapple Chunks                             |                                                                                                                                                                                                              |                                                                                                                                                                                                            |

MENU'S SUBJECT TO CHANGE WITHOUT NOTICE. SECOND MEALS ARE FULL PRICE. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDE  
Menu Contains Milk(DAIRY),Egg,Wheat/Gluten,Tree Nuts,Sesame,Soy,Fish,Shellfish

